

BREATHING TOGETHER

An interfaith contemplative gathering



Saturday, November 7, 2009 9 am to 4 pm

Muir Hall at TaborSpace

Mt. Tabor Presbyterian Church, SE 55th & Belmont, Portland, OR

For those committed to contemplative practice and living everyday life in a contemplative way, you are warmly invited to join together with us. All faiths and approaches are welcome as we meet in a grassroots way as equals on the path.



We have an opportunity for creating a unique community of support to deepen our respective practices by engaging in rich dialogue, sitting together in silence, sharing, and closing with a celebration in prayer and poetry. Participants also have an opportunity to work on a future group service project.



While we engage in a practice of stillness, silence and solitude, we also bring the fruits of that into our daily lives and in service to the world. Peace is the outcome and the gift.



This could be the beginning of an ongoing group that meets every 2 months and that works together on service projects the other months.

Would you like to attend?

Pre-registration recommended to insure your seat.

All are welcome at the door.

\$20 to \$100 suggested donation

Donations to be given to TaborSpace, a non-profit spiritually inspired community-building project



WHAT TO BRING: your own lunch ✕ your favorite readings, prayers and poems ✕ cushion/ bench if you prefer floor seating.

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